

Gentleman's Collection - Face

Gentleman's First Choice – 1h15mins price 105€ Deep cleansing, purifying, detox

Natural sea minerals and essential oils combine with steam and extraction resulting in a skin that is deep cleaned and totally purified. The peel off mask reveals a smooth texture and brilliantly clear complexion.

2) Essential Oligo Defence – 55mins price 90€ Cleansing, nourishing, skin perfecting

Defending the skin against environmental elements, this treatment uses the ultimate in antioxidant expertise. Products rich in chlorella cleanse and exfoliate the skin and the addition of a corrective mask injects the cells with a much needed boost of nutrients.

3) Maximum Strength – 25mins price 50€ Remineralising, matifying, smoothing

The treatment that offers fast, effective, immediate results. The optimum combination of cleanser, exfoliator and mask restore the skin to its full health and strength.

Gentleman's Collection - Body

1) Vitalizing Gentleman's Tonic – 25mins/ 55mins/ 1h25mins price 55€/90€/120€ Relaxing, draining, energising

Recharge tired muscles and relieve tension with this potent blend of enriching oils. Spicy ginger oil penetrates the muscles, stimulating the blood flow, alleviating aches and releasing tightness from deep within the muscles.

2) Back, Face and Scalp Revitalizer – 55mins price 95€ Distressing, equalising, recharging

Beginning with a relaxing back therapy, body and mind are immediately de-stressed. A unique facial treats the skins specific needs as the scalp is massaged unravelling tensions and leaving the skin exuding health.

3) Anti-fatigue Back Remedy – 55mins price 100€ Uplifting, remineralising, revitalising



This vital back therapy incorporates the tension releasing properties of self-heating mineral mud with a tailored back massage. Body and mind are simultaneously de-stressed as the warming ginger oil, together with unique Anne Semonin massage techniques, penetrates deeply at every level.

4) Mineral Scrub – 25mins price 45€ Deeply exfoliating, smoothing, glowing

Ultimate skin maintenance combines the stimulating and uplifting benefits of peppermint and a lemongrass with pure mineral salts, for maximum smoothness and skin health.